



**ASHLAND PARKS AND RECREATION COMMISSION
ASHLAND SENIOR ADVISORY COMMITTEE (ASAC)
MEETING AGENDA**

Monday, November 18, 2024 @ 3:30 – 5:00 pm

In-Person at Ashland Senior Center, 1699 Homes Ave, Ashland

To join meeting or give public input, see instructions on page 2.

- I. Opening (Gardiner, 5 min)
 - a. Welcome new member and introductions
- II. Approval of Minutes – September 9, 2024 (all, 2 min)
- III. Additions or Deletions to the Agenda (all, 2 min)
- IV. Public Input (5 min) - *See page 2 for instructions.*
- V. New Business
 - a. Election of new officers in January 2025 (all, 15 min)
- VI. Oregon Older Adult Behavioral Health Initiative – Jennine Greenwell, Older Adult Behavioral Health Specialist with Jackson County Health & Human Services (30 minutes)
- VII. Standing Reports (20 min)
 - a. APCR Liaison (Bachman)
 - b. City Council Liaison (DuQuenne)
 - c. Education Report (Holt)
 - d. Senior Services Superintendent Report (Mettler)
- VIII. Items from ASAC Members or Work Groups (10 min)
 - a. Livable Ashland Alliance update
 - b. Other items from ASAC members? (All)
- IX. Next Meeting: Monday, January 13, 3:30-5:00pm, at Ashland Senior Center, 1699 Homes Ave
- X. Adjournment – 5:00pm

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Administrator's office at (541) 488-6002 (TTY phone number 1-800-735-2900). Notification 72 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to the meeting (28 CFR 35.102-35.104 ADA Title I).

TO GIVE PUBLIC INPUT IN THE MEETING:

If you would like to give public input for the meeting, please submit your written comments or a request to speak to natalie.mettler@ashlandoregon.gov, no later than by 10:00 a.m. on the day of the meeting. Please include the information above plus the topic you would like to speak on.

City of Ashland
ASHLAND PARKS AND RECREATION COMMISSION (APRC)
ASHLAND SENIOR ADVISORY COMMITTEE (ASAC)
Meeting Minutes
Sept 9, 2024

Committee Members Present:

- Mike Gardiner, Chair
- Debra Johnson, Vice Chair
- Jim Bachman
- Cori Frank
- Patty Winner
- John Engelhardt

Committee Members Absent:

- Gina DuQuenne
- Noriko Toyokawa

Staff Present:

- Natalie Mettler
- Shannon Holt
- Rocky Houston

CALL TO ORDER

Gardiner called the meeting to order at 3:35pm.

OPENING

Gardiner welcomed everyone to the meeting.

APPROVAL OF MINUTES

Motion: Johnson/Gardiner m/s to approve the minutes from July 8, 2024. Voice vote – all AYES. Minutes approved.

ADDITIONS OR DELETIONS TO AGENDA

None.

PUBLIC INPUT

None.

NEW BUSINESS

a. APRC Levels of Service (APRC Director Rocky Houston)

- Director Houston is proposing a “Level of Service” model, as part of strategic planning. All Parks and Recreation Divisions are assessing their needs.
- Superintendent Mettler is researching other Senior Centers across the state to gain an idea of the standards for Level of Service.

The following was covered in discussion:

- Based on the analysis, will this guide the budget and the budget for the Senior Center?
Yes, depending on the data, it will dictate where money needs to be allocated.
- What is the timeline for the first level of analysis for Level of Service and how does it dovetail with the City’s budget process?
The process will take 12-18 months to complete, therefore it will not be ready for the upcoming Biennium.

b. 2025 meeting format to return to all in-person

All in favor of moving ASAC meetings to in-person.

c. New ASAC Member Recommendations

Chair Gardiner, Vice Chair Johnson and Superintendent Mettler interviewed 3 candidates. They are recommending that the APRC Commissioner appoint Barbara Talbert, Board President of Ashland at Home, at their next Business Meeting.

PRESENTATION: Alzheimer's Association, Dementia Caregiver Support Group

Becky Martin, Alzheimer's Association volunteer

The following was covered in discussion:

- Dementia Caregiver Group was started in Southern Oregon due to a need for a support group for caregivers.
- There is an online group and in-person group, both with about 12-18 participants.
- There is an educational segment, as well as mutual support among group members.
- Support groups are held either at the UCC Church in Ashland or online.
- Drop off programs for adult daycare would be great but require money and personnel.
- There is a great need for respite care facilities.

STANDING REPORTS

a. APRC Liaison – Commissioner Bachman

- Two ordinances will be going before the City Council that will impact APRC, including an ordinance about City Advisory Committees that will shape the Bylaws for APRC Advisory Committees, including the Trails Advisory Committee.
- Bachman has been meeting with Commissioner Adams, Mayor Graham and Councilor Hyatt to draft a framework to bring the Ashland Parks and Recreation Department into the Ashland municipal code by ordinance.
- Two Commissioner seats are up for election this year.

b. City Council Liaison – Councilor Gina DuQuenne

Not present.

c. Education Report – Senior Services Coordinator Shannon Holt

- Ice Cream Social was a success, serving approximately 100 community members.
- JCLS is now adding classes about how to use their digital resources. Next class will be about using streaming music services.
- Accessible Yoga was cancelled due to lack of enrollment. Will reassess in summer 2025.
- There has been interest from a few community members in teaching new classes or offering one-time events.
- Staff are finalizing the WinterSpring Program Guide.
- The popular Memoir class will be offered again during WinterSpring 2025.

d. Senior Services Superintendent Report – Senior Services Superintendent Natalie Mettler

Mettler highlighted the following in her Superintendent's report:

- End of fiscal year statics; this past year was our highest recorded for participation.

- Mettler is continuing to advocate for the return of a permanent office assistant position for the Senior Services Division.
- At the last meeting, the topic of searching for sponsors came up; staff are continuing to look for creative solutions.

ITEMS FROM ASAC MEMBERS OR WORK GROUPS

Nothing to report.

Next meeting – Monday, November 18, 3:30-5:00pm in person at Ashland Senior Center.

Adjournment – 4:38pm

Respectfully submitted by Shannon Holt, Senior Services Coordinator, Ashland Parks and Recreation Commission



ASHLAND PARKS & RECREATION COMMISSION

AGENDA ITEM

November 12, 2024

REQUESTED ACTION	Superintendent Report for ASAC
ACTION ☐	INFORMATION ☒

PROGRAMMING & SERVICES

- Special presentations and events since last report (9/4/24):
 - Retirement: Making Your Money Last, presented Melissa Mantzouranis and Katrina Williams, Financial Advisors with Edward Jones (9/11/24)
 - Fun with Charades, facilitated by SSD volunteer Kim Rosmaier (9/16/24)
 - History Tour: Plaza and the Founding of Ashland, led by Peter Finkle (9/23/24). This walk was free for participants thanks to a generous anonymous donor.



- The Day The Music Thrived: Learn How To Stream Music Digitally, presented by Eric Molinsky, Digital Services Supervisor with Jackson County Library Services (JCLS) (9/25/24)
- Argentinian Tango Guitar Performance: Lautaro Tissera Favaloro (10/9/24). Thank you to the Guitar Society of Southern Oregon for sharing their visiting artists to provide these free concerts.
- How to Navigate the Library Catalog Like a Librarian, presented by Ken Loders, JCLS Ashland branch Adult Services Librarian (10/16/24)

- Medicare 101, presented by Becky Foster, volunteer with Senior Health Insurance Benefits Assistance (SHIBA) (10/18)
- Butler Perozzi Fountain in Lithia Park: More than 500 years of historic photos and stories!, presented by Peter Finkle (10/30/24)



- Maple Ridge Halloween treats (10/31/24)
- The popular *Write Your Memoir* class was offered again during October. Attendance was capped at 12 participants but increased to 16 due to demand.
- Risa Lewellyn, Senior Services Line Dance 2 instructor, transitioned from being a volunteer to a paid instructor starting in October. This will not increase the \$5 fee for the 90-minute class (drop-in); Risa will be paid 80% of collected fees.

PARTNERSHIPS

- **Sponsors:**
 - Maple Ridge sponsored Halloween treats at Ashland Senior Center on 10/31
- Expanded hosting SHIBA at Ashland Senior Center to Thursday (already host SHIBA on Tuesdays year-round) for on-site appointments during Medicare Open Enrollment (10/15-12/7/24).
- Senior Services staff are collaborating with the ACCESS Energy Assistance program to host ACCESS staff at Ashland Senior Center so that Ashland residents can get connected to the program. These outreach events will be 9am-3pm on 11/15/24 and 12/27/24.
- Staff connected with the following agencies, discussing collaboration/partnership opportunities, services for seniors, etc: Barbara Talbert, Board President of Ashland at Home; Jami Hanna, Wellness and Community Outreach Coordinator at Ashland YMCA; Amber Taylor, Rogue Community Health Directory of Pharmacy and Andrea Miller, Rogue Community Health Clinical Pharmacist.



- Students from Willow Wind Community Learning Center 4th & 5th grade classes donated little handmade Halloween gifts for the seniors at the Senior Center. These were put out at the lunch settings on 10/31/24.



BUDGET/FACILITIES

- Many thanks to Parks Supervisor Casale and Jess Hawkins from the City Electric Department for installing a new power outlet in the janitor closet off the dining room at Ashland Senior Center. This allows partner Food & Friends to replace their current deep freezer with a bigger unit, as demand for home-delivered meals for seniors continues to increase in Ashland. The new freezer was delivered and installed on 9/27/24.

STAFF/TRAINING

- Ashland Senior Center was honored with a Certificate of Appreciation from the AARP Driver Safety Program. Ashland Senior Center hosts the AARP Driver Safety class once a quarter, and recently became the first and (so far) only host site in Oregon to start using the SDCOR program that facilitates online registration and payment for class participants, management of the class roster, and providing notifications to participants.



- The Oregon Recreation and Park Association (ORPA) DEI (Diversity Equity Inclusion) Committee received the President's Award at this year's ORPA Conference. Recreation Manager Flora and Superintendent Mettler are members of the ORPA DEI Committee.
- Assistant De Saram and Coordinator Holt attended the AARP Vital Aging Conference in Medford on 11/9/2024.

PUBLIC AWARENESS

- Coordinator Holt staffed an Ashland Senior Services Division resource table at the Providence Fall Prevention/Senior Resource Fair in Medford on 9/24/24.
- **Senior News:** The October and November [Senior News](#) issues featured information about special events and highlighted selected ongoing activities. Both issues also offered information about relevant resources and services, such as COVID-19 vaccination and testing, Foot and Nail Care Clinic, Repair SO (sewing repair), HomeShare Oregon, Pedaling for Parkinsons, the Foster Grandparent Program.



PREPARED BY:

Natalie Mettler



Ashland Senior Advisory Committee 2025 Meeting Calendar

Monday, January 13, 3:30-5:00pm

Monday, March 10, 3:30-5:00pm

Monday, May 12, 3:30-5:00pm

Monday, July 14, 3:30-5:00pm

Monday, September 8, 3:30-5:00pm

Monday, November 10, 3:30-5:00pm

Unless otherwise indicated, the Ashland Senior Advisory Committee meets on the second Monday of odd numbered months, 3:30-5:00pm. Unless otherwise noted on the meeting agenda, meetings will be held in person at Ashland Senior Center; if in person is not possible, they will be held on Zoom.

All meetings are open and have an opportunity for public input. Agendas are posted at AshlandOregon.Gov/AgendasMinutes about five days in advance of each meeting and include instructions for public participation.